



**From:** [dave funk](#)  
**To:** [ST\\_RegulatoryCounsel](#)  
**Subject:** [External] Naturopathic Doctors Advanced Notice of rule making  
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Dear Board members,

I patient of an ND and am writing to add comments to the meaning of terms in the notice.

**Naturopathic Medicine:**

Medical care focusing on the whole patient to promote health and disease prevention while treating underlying conditions by first using natural remedies when possible but also using prescription medications (pharmaceuticals) when necessary. Health is promoted using nutrition, botanicals, supplements, herbal medicines, pharmaceuticals, counseling, and other therapies such as acupuncture to address patient needs.

**Naturopathic Evaluation:** The ND spends the needed amount of time to fully listen to obtain the patient's history and current issues. This is often 1 - 2 hours. He or she then determines underlying causes for the conditions and develops a treatment plan using any of the following to address these issues: nutrition, diet, herbals, botanicals, supplements, pharmaceuticals, counseling, additional therapies and testing. This plan is adapted as needed to address any changes or needs experienced by the patient during the course of treatment. Medical and nutritional testing may be used to determine this treatment plan. The evaluation should include a physical exam if appropriate.

**Natural Substances:** Any herbal, botanical, nutritional or other substance not requiring a prescription and used to promote health, prevent disease or treat a medical condition or nutrient deficiency.

**Natural Therapies:** Using any of the following to treat a patient: any homeopathic, herbal, botanical, nutritional, manipulative therapy including acupuncture etc.

**Naturopath:** A trained Doctor who uses the six naturopathic principles to treat a patient's symptoms. These include developing methods to enable the patient to heal, treat underlying conditions causing symptoms, use treatment plans without side effects or with minimal side effects, treat all aspects of the patient - body, mind, spirit, educate the patient in self care, nutrition etc., as well as work to prevent

disease.

Thank you for considering these definitions.

Sandy Funk